



Look for Able Men

Exodus 18

Are You Busy?



- I am always amazed at the **productivity** of some people (i.e. authors)
- If ever there was a busy person with huge **responsibility**, it was Moses (1 to 2 million p.)
- **Success** comes from the Lord (v.10-11)
- (v.13-16) Nevertheless, **more** success comes with more responsibility. And Moses was trying to handle it...

Common Reasons for Burn Out (v.13-16)

- (v.17) Some people around him were seeing the problem—his “working hard” won’t last.
- In this passage we can see several reasons why people **burn out** in ministry:
 1. (v.13) These tasks **never end**—the satisfaction of getting a job done rarely comes by as most tasks never end
 2. (v.14) He was sitting **alone**—loneliness can be very dangerous since he may not feel comfortable confiding in anyone

Common Reasons for Burning Out



3. (v.15-16) The **burden** is huge—when lives are at stake the responsibility can be overwhelming. (Jer. 23:1-2) Handling the **word of God** correctly is a huge responsibility (2 Tim. 2:15), plus the burden of proclaiming the truth as well. (v.16)
4. (v.13-16) Unrealistic **expectation**—the people were all waiting and hoping for a solution. The expectation was extremely high...

A Godly Chat With Someone



- Thankfully he did have someone to **talk** to—his father-in-law. This was vital (Prov. 11:14).
- A **godly** person may point out the obvious. (v.18) Also he or she may spot signs of burn out.
- This allowed Moses to gain tremendous **perspective**. Reading a good book will help. But there is nothing that replaces an actual conversation with someone else.

Moses Main Focus



- No one can do everything! Here is the list of responsibilities that Moses needed to focus on:
- (v.19) **Represent** God's people before God
- (v.20) **Instruct** the people in the word of God and the ways to follow Him (Acts. 6:2)
- (v.21-22) He must also **empower** the leadership and choose the right person to serve God

Passing On the Responsibility (v.21-22)

- (Acts 6:2-4) God desires us to share our load. Here are the four characteristics to look for:
- **Able** men—with the knowledge to do the task
- **Fear God**—Ones that rely on God and put God first (Matt. 6:33)
- Trustworthy—someone that you can **rely** on
- Hate a bribe—no other **ulterior motive**



Conclusion (Matt. 11:28-30)



- God desires us to serve Him **together** as one body (1 Cor. 12:12-14). Are you willing if called?
- The leaders need to learn to **empower others** to serve (Eph. 4:12, 16). Are you willing?
- It is good to **talk** to someone to gain a different perspective (Prov. 15:22). Will you open up?
- Are you that **faithful** person who is ready and willing to serve?