

JESUS IS THE BREAD OF LIFE (PART 2)

John 6:22-71

They Are Seeking Bread...but



- (v.22-25) they were **confused** as to how Jesus got to the other side—God works in a “higher” way (Isa. 55:6-11)
- (v.26-27) Jesus knew what was truly in their heart, and what they really needs (Do you know your needs?)
- Just like we don't understand Jesus and his **plan** (walking toward us on the water instead) often we don't comprehend what we truly **need**...
- And yet we are **seeking**, seeking, wearily seeking...

Seeking Eternal Life...but



- (v.28-29) None of us can **earn** eternal life, it is the “works of God” (Heaven is not that cheap)
- Notice: they want to earn eternal life, but deep down they rather to earn “free” bread.
- How can we **earn** “free” bread if it is **free**?
- And How can we **do** the works of “God” if it is **His work**?
- Let us answer that question together

They Were Seeking Jesus...but



- Basically comes down to it: they were seeking the **right person** for the **wrong reason** (Do you?)
- Why are you seeking Jesus? Do you know who Jesus is?
- They were seeking Jesus, but they did not **know** who Jesus is
- He is the both “bread of God” (v.33) & “bread of life” (v.35)
- Only in Jesus there is **life** and true **satisfaction** and **contentment** (ill: feel full). And God wants you to have Him

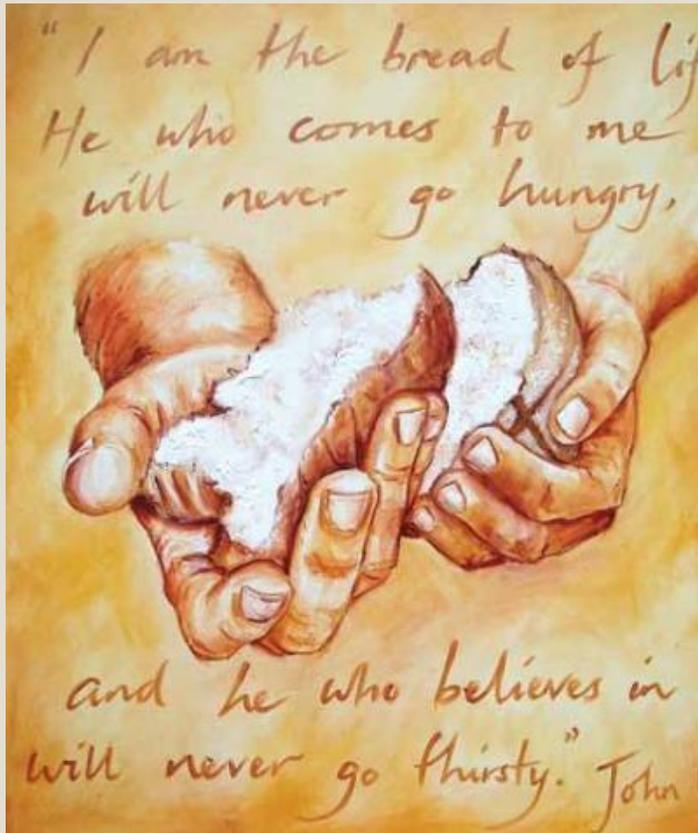
Physical and Spiritual Bread



- The truth of the matter is this: we need both **physical** and **spiritual** bread (ill: never quiet)
- Most people only focus on the physical (like them)
- By the temporal nature of physical bread, Jesus was reminding them that they also need to **seek after spiritual bread** for their daily and eternal life (v.35, 40)
- This go beyond just the difference between physical & spiritual, there is a **person** that we need in our lives—Jesus

Jesus is the Bread of Life

- Why would Jesus called Himself **bread**? (bad nickname)
- Bread fills our **hunger**—Jesus satisfy our needs (Isa. 55:1-3)
- Bread gives us **strength**—Jesus is our strength (Neh. 8:10)
- Most importantly, we eat bread to **stay alive**—Jesus is the only source of eternal life (John 6:48-51)



How to Eat this Bread?

- But how can we have this life & true satisfaction in God?
- Catholic church believe in literally eating Jesus ☹️ called **transubstantiation**—the host become flesh during mass
- Transubstantiation & **eucharistic adoration** are not Biblical (1 Cor. 11:23-26; Exo. 20:4-6)
- If not actually eating Jesus' body, why talk so much about eating and drinking?



Receive Jesus in our Lives

- We need to **receive** Jesus into our lives (i.e. eating)
- We need to **rely** on Jesus as we rely on bread (Psalm 130)
- We need to **delight** in Jesus in our daily lives (Psalm 37)
- Are you satisfy with His goodness by relying on Him daily?
- Each time we give thanks, each time we pray and trust in him, each time we call on Him and rely on Him, we are **partaking** the Bread of Life. What are you going to differently from now on?

